

Declutter Checklist

Ask yourself:

- Is it serving a **purpose**?
- Does it bring me **joy**?
- Do I have **duplicates** of this item?
- Does it tug at my **heartstrings**?

Clothing

- ☐ Tops + bottoms
- ☐ Dresses + suits
- ☐ Pajamas + sleepwear
- ☐ Activewear
- ☐ Shoes + boots
- ☐ Jackets + outerwear
- ☐ Handbags
- ☐ Belts + scarves
- ☐ Socks + underwear
- ☐ Hats + gloves
- ☐ Swimwear + cover-ups
- ☐ Jewelry
- ☐ Menswear

Books

- ☐ Fiction
- ☐ Non-fiction
- ☐ Cookbooks
- ☐ Kids + coloring books
- ☐ Reference + How-To
- ☐ Textbooks
- ☐ Yearbooks + photo albums
- ☐ Magazines
- ☐ Newspapers



Papers

- ☐ Receipts
- ☐ Coupons
- ☐ Mail
- ☐ Filing cabinet
- ☐ Warranties
- ☐ Manuals
- ☐ Bills
- ☐ Financial statements
- ☐ Greeting cards
- ☐ Wrapping paper
- ☐ Lecture notes
- ☐ Handouts
- ☐ School papers
- ☐ Business cards
- ☐ Recipes
- ☐ Checkbooks + checks
- ☐ Important documents
- ☐ Taxes
- ☐ Rewards cards
- ☐ Gift cards
- ☐ Calendars

Tech + Media

- ☐ DVDs + CDs
 - ☐ Video games
 - ☐ Cords + chargers
 - ☐ Remotes
 - ☐ Phones + tablets
 - ☐ Computers + printers
 - ☐ Cameras + accessories
 - ☐ Memory cards + flash drives
 - ☐ Headphones + ear buds
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Kids

- ☐ Toys
- ☐ Bath toys + accessories
- ☐ Outdoor toys
- ☐ Sports equipment
- ☐ Board games + puzzles
- ☐ Arts + craft supplies
- ☐ Costumes
- ☐ Baby equipment

Cleaning

- Sponges
 - Scrubbers + rags
 - Cleaning products
 - Mops, brooms
 - Vacuums
 - Buckets
 - Rubber gloves
 - Pest control
 - Laundry + ironing supplies
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Food

- Fridge
- Freezer
- Pantry + snacks
- Dry goods
- Herbs + spices
- Coffee + tea
- Alcohol + mixers
- Supplements + vitamins

Kitchen

- Cutlery + knives
- Dishes + bowls
- Glasses + stemware
- Cups + mugs
- Serving pieces + pitchers
- Trivets + oven mitts
- Pots, pans + baking sheets
- Baking supplies
- Cooking utensils
- Measuring cups/spoons
- Graters + presses
- Small appliances
- Straws + lids
- Storage containers
- Mixing bowls
- Cutting boards
- Colanders + steamer baskets
- Cling wrap, foil + parchment
- Baggies