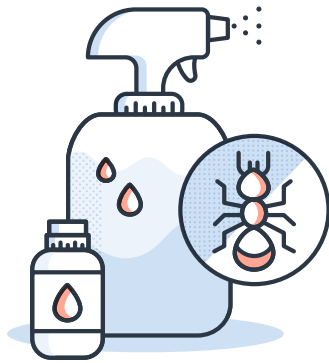


Peppermint Bug Spray for Ants



Instructions

- Fill spray bottle **halfway** with water
- Add $\frac{1}{2}$ **cup** of witch hazel
- Add **10 drops** of peppermint essential oil
- **Shake up** the solution
- Spray around **ant entry points**

How It Works

Ants will smell the peppermint and be dissuaded from entering.

Herb Sachets for Pantry Moths



Instructions

- Purchase **dried lavender** and **bay leaves** (or dry your own!)
- Place **several stems** of each into small mesh bag
- Add a **couple spoons** of uncooked rice for weight
- **Tie up bags** with a strand of ribbon
- Place several in each cupboard and replace every **6 months**

How It Works

The smell of lavender and bay leaves will dissuade moths from laying eggs.

Diatomaceous Earth (DE) for Bed Bugs

Instructions

- Purchase bag from any **home goods** store
- Sprinkle DE into any **cracks** and **crevices** (window sills, drawers, baseboards)
- Use an **applicator to puff DE** behind electrical outlets



How It Works

The powder will dry up and kill bed bugs.

Apple Cider Vinegar for Fruit Flies

Instructions

- Fill a small bowl with **2 cups** of apple cider vinegar
- Fill a small dish with water and **3 drops** of dish soap
- **Float** the dish in the bowl of vinegar
- Place **near** fruit fly infestation to lure and kill flies
- Empty trap every **few days** and replace ingredients



How It Works

The vinegar lures the fruit flies and they get stuck in the soap.

Soapy Water for Cockroaches



Instructions

- Fill spray bottle $\frac{3}{4}$ of the way with water
- Squeeze in **several drops** of dish soap
- **Shake** to froth water
- **Spray** on **cockroaches** and around where they've **been seen**

How It Works

Soap films their bodies and suffocates the roaches.

Eucalyptus Bug Spray for Dust Mites



Instructions

- Fill spray bottle $\frac{3}{4}$ full with water
- Add **3 drops** of dish soap
- Add **30 drops** of diluted eucalyptus essential oil
- **Shake** to combine mixture
- **Spray** on bed and **affected furniture** each day

How It Works

The eucalyptus oil will kill the mites, eliminating their allergy-causing waste.

Chrysanthemum Spray for Boxelder Bugs

Instructions

- Pick **10 full blooms** and dry for **2 days**
- **Crush** or **grind** dried blooms into a powder
- Mix **several pinches** with water in a spray bottle
- **Spray** on **bugs directly** and on **infested areas**



How It Works

Mums contain pyrethrum, an insect nerve toxin.

Sugar Bottle Trap for Black Flies

Instructions

- Cut the **top third** off of a plastic bottle
- Cut a **small hole** in the cap
- Fill the bottom part of the bottle with a mixture of **1 cup** of water and **3 tbsp** of sugar
- **Flip** the **top half** so the cap is **facing downward** to create a funnel
- Place inside the **bottom half** and **secure** with tape



How It Works

The sugar lures the flies into the trap and they are unable to escape the narrow opening.